Course: HOPE PE 1506320G and PE 15013400/1513500

Credit for Graduation: 1.0 Credit - HOPE elective credit / Physical Education Credit

Pre-requisite: HOPE is a required credit for graduation

Description:

HOPE PE:

The purpose of this course is to develop and enhance healthy behaviors that influence lifestyle choices and student health and fitness. Students will combine the learning of principles and background information in a classroom setting with physical application of the knowledge.

Physical education is a diverse subject and this class will cover many sports, games, activities etc. including but not limited to: field games (soccer, football, ultimate, hockey, capture the flag etc.), court games (volleyball, badminton, basketball, tennis etc.), diamond games (kickball, softball, tennis baseball etc.) other activities (disc golf, bocce, Wii, croquet, ping pong, air hockey, foosball etc., etc., etc.).

Expectations:

Students enrolled in physical education come with very diverse backgrounds and physical abilities. Every effort will be made to ensure all students feel comfortable participating in class activities. A positive attitude and desire to play are essential, as are close-toed, flat bottom shoes. A strong commitment to fair, fun play and sportsmanship are critical. Dressing out is optional. Lockers provided upon request.

Resources/Materials:

Assorted physical education/sports equipment

Course: Juggling 15013000 / 15013000 HOPE PE: #15063200				
Credit for Graduation: 1.0 Credit - HOPE elective credit Pre-requisite:				
HOPE PE: The purpose of this course is to develop and enhance healthy behaviors that influence lifestyle choices and student health and fitness. Students will combine the learning of principles and background information in a classroom setting with physical application of the knowledge. A majority of class time should be spent in physical activity.				
Resources/Materials:				
Website:				

Course: Physical Education 15013400 / 15013 HOPE PE #1506320G	500
Credit for Graduation: 1.0 Credit – HOPE elect	ive credit
Pre-requisite:	
Description:	Expectations:
The purpose of this course is to develop the physical skills necessary to be competent in many forms of movement. The integration of fitness concepts throughout the content is critical to the success of this course.	
HOPE PE: The purpose of this course is to develop and enhance healthy behaviors that influence lifestyle choices and student health and fitness. Students will combine the learning of principles and background information in a classroom setting with physical application of the knowledge. A majority of class time should be spent in physical activity.	
Resources/Materials:	,
Website:	